THIS PACKAGE INSERT CONTAINS IMPORTANT PRODUCT USE AND SAFETY INFORMATION. PLEASE READ CAREFULLY AND RETAIN FOR FUTURE REFERENCE.



# 3% HYDROGEN PEROXIDE

# **Cleaning & Disinfecting Solution**

### **DESCRIPTION / CONTENTS:**

CLEAR CARE\* Cleaning & Disinfecting Solution is a sterile solution containing micro-filtered hydrogen peroxide 3%, sodium chloride 0.79%, stabilized with phosphonic acid, a phosphate buffered system, and PLURONIC 17R4† (a cleaning agent).

#### **GOOD LENS CARE PRACTICES:**

To ensure proper disinfection of your lenses you must follow the instructions completely. Do not skip any steps. Always wash and rinse your hands before handling your lenses. This will help prevent eye infections by removing dirt and oils that could get on the lenses.

#### **DIRECTIONS FOR USE - Soft Contact Lenses:**

Never put CLEAR CARE Cleaning & Disinfecting Solution on your lenses and insert directly into the eye or burning and stinging will result. If spillage occurs, clean up immediately with a paper towel. Wash and rinse your hands before handling your lenses or touching your eyes.

To clean, disinfect, neutralize, and remove protein from your soft contact lenses:

- Remove and place each lens into the appropriately marked L/R domed lens holder.
- Flip open the snap cap on the CLEAR CARE bottle and bend it back and out of the way.
- Rinse the lenses while on the domed lens holder for 5 seconds.
- Fill the CLEAR CARE lens case to the fill line with CLEAR CARE solution and place the lens holder in the case.
- Tighten the cap on the CLEAR CARE lens case and store lenses for at least 6 hours. DO NOT SHAKE THE CASE.

NOTE: To prevent damage to your lens, center the lens on the dome in the lens holder. Be sure the lens does not touch the basket rim, then close the basket lid.



After soaking for six hours, your lenses are ready to wear. No final saline rinse is necessary. Never rinse your lenses with CLEAR CARE Cleaning & Disinfecting Solution prior to insertion or burning and stinging will result. If desired, lenses can be rinsed with sterile saline before inserting.

Discard the used CLEAR CARE solution from the CLEAR CARE lens case. Rinse the lens case with sterile saline or CLEAR CARE solution and allow the case to air dry with the lens holder inverted outside the case. Do not place the lens holder on its side.

# **DIRECTIONS FOR USE - RGP Lenses:**

Never put CLEAR CARE Cleaning & Disinfecting Solution on your lenses and insert directly into the eye or burning and stinging will result. If spillage occurs, clean up immediately with a paper towel. Wash and rinse your hands before handling your lenses or touching your eyes. To clean, disinfect, neutralize, and remove protein from your RGP lenses:

Remove and place each lens into the appropriately marked L/R domed

 Flip open the snap cap on the CLEAR CARE bottle and bend it back and out of the way.

- Take each lens, one at a time, from the domed lens holder and
  place it in the palm of your hand. Apply 2 to 4 drops of CLEAR
  CARE\* solution and rub. While rubbing RGP lenses with CLEAR
  CARE solution, some users may experience a mild, temporary
  skin discoloration (bleaching) of the fingers or hands. Always
  wash and rinse your hands after rubbing your lenses with the
  solution.
- Return the lenses to the appropriate holder and close the baskets.
   Rinse the lenses while on the domed lens holder for 5 seconds.
- Fill the CLEAR CARE lens case to the fill line with CLEAR CARE solution and place the lens holder in the case.
- Tighten the cap on the CLEAR CARE lens case and store lenses for at least 6 hours. DO NOT SHAKE THE CASE.

After soaking for six hours, your lenses are ready to wear. No final saline rinse is necessary. **Never rinse your lenses with CLEAR CARE Cleaning & Disinfecting Solution prior to insertion or burning and stinging will result.** If desired, lenses can be rinsed with sterile saline before inserting.

Discard the used CLEAR CARE solution from the lens case. Rinse the lens case with sterile saline or CLEAR CARE solution and allow the case to air dry with the lens holder inverted outside the case. Do not place the lens holder on its side.

#### STORAGE:

If you do not intend to wear your lenses immediately after disinfection/neutralization, you may store them in the unopened lens case for up to 7 days. Disinfect and neutralize once a week with fresh solution and before wearing your lenses.

#### **ACTIONS**

When used as directed CLEAR CARE solution provides a unique cleaning action, which removes film and debris from the lens surface. CLEAR CARE solution also helps prevent serious eye infections by killing harmful microorganisms on contact lenses.

## INDICATIONS (Uses):

For simultaneous cleaning, daily protein removal, disinfecting, and storing of soft (hydrophilic) or rigid gas permeable (fluoro silicone acrylate and silicone acrylate) contact lenses as recommended by your eye care practitioner.

# **CONTRAINDICATIONS** (Reasons not to use):

There are no known contraindications for use of CLEAR CARE Cleaning & Disinfecting Solution; however, if you are allergic to any ingredient in this solution, do not use.

# **WARNINGS:**

Never put CLEAR CARE Cleaning & Disinfecting Solution on your lenses and insert directly into the eye. Lenses must be soaked in the provided lens case for 6 hours (neutralization process) prior to lens insertion. OTHERWISE, BURNING AND STINGING WILL RESULT.

Only use the special CLEAR CARE lens case for disinfection and neutralization. Do not use a flat case.

While rubbing RGP lenses with CLEAR CARE solution, some users may experience a mild, temporary skin discoloration (bleaching) of the fingers or hands. Always wash and rinse your hands after rubbing your lenses with the solution.

NEVER PUT CLEAR CARE SOLUTION THAT HAS NOT BEEN NEUTRALIZED IN YOUR EYES. If unneutralized CLEAR CARE solution gets in your eyes, remove your contact lenses immediately, and flush (wash) your eyes with a large amount of water or sterile saline for a few minutes. If burning or irritation continues, seek immediate assistance from an eye care professional. The red snap cap indicates that CLEAR CARE Cleaning & Disinfecting Solution should never be put directly in your eye.

PROBLEMS WITH CONTACT LENSES AND LENS CARE PRODUCTS COULD RESULT IN SERIOUS INJURY TO THE EYE.

Follow your eye care professional's directions and all labeling instructions for proper use and care of your lenses and lens care products, including the lens case. Eye problems, including corneal ulcers and infections, can develop rapidly and lead to loss of vision. Daily wear lenses are not indicated for overnight wear and should not be worn while sleeping. Clinical studies have shown the risk of serious adverse reactions is increased when these lenses are worn overnight. Extended wear lenses should be regularly removed for cleaning and disinfection or for disposal and replacement on the schedule prescribed by your eye care professional. Clinical studies have shown that there is an increased incidence of serious adverse reactions in extended wear contact lens users as compared to daily wear contact lens users. Studies have also shown that the risk of serious adverse reactions increases the longer extended wear lenses are worn before removal for cleaning and disinfection or for disposal and replacement. Studies have also shown that smokers have a higher incidence of adverse reactions. If you experience eye discomfort, excessive tearing, vision changes, or redness of the eye, immediately remove your lenses and promptly contact your eye care professional. All contact lens wearers should see their eye care professional as directed. Periodic eye exams are extremely important in order to detect and treat problems related to contact lens wear before they cause discomfort or pain.

Close snap cap after using. To avoid contaminating your solution, do not transfer to other bottles or containers.

All contact lens wearers must see their eye care professional regularly and as frequently as directed. If your lenses are for extended wear, your eye care professional may prescribe more frequent visits. Studies have shown that smoking increases the risk of ulcerative keratitis for contact lens users. Do not take CLEAR CARE\* Cleaning & Disinfecting Solution internally or gastric distress will result. Seek professional assistance of physician or a poison control center immediately if taken internally. Keep out of the reach of children.

#### PRECAUTIONS:

- Always wash and dry your hands before handling your lenses.
- · Never use this for heat disinfection.
- · Never reuse this solution.
- · Keep bottle tightly closed when not in use.
- Store at room temperature. (15°C to 30°C / 59°F to 86°F)
- Use before the expiration date marked on the container.
- · Once bottle is open, discard any remaining solution after 3 months.

There are no safe, acceptable substitutes for CLEAR CARE Cleaning & Disinfecting Solution components. Do not mix or substitute other lens care hydrogen peroxide products or lens cases. Do not use any other disinfection solutions in the disposable lens case. Do NOT USE OVER-THE-COUNTER GENERIC HYDROGEN PEROXIDE. Generic hydrogen peroxide solutions are not intended for ophthalmic use and may contain ingredients not tested for ocular safety or toxicity. Generic hydrogen peroxide may contain ingredients that cause DISCOLORATION OR DAMAGE YOUR CONTACT LENSES.

#### **LENS CASE CARE**

To avoid possible damage:

- Do not over tighten the CLEAR CARE lens case (only tighten finger tight).
- · Do not use a damaged case.
- Do not fill above the fill line on the case.
- Do not shake the case during disinfection.
- Dispose of your old lens case with each new purchase of CLEAR CARE Cleaning & Disinfecting Solution.

# ADVERSE REACTIONS (Possible problems and what to do):

The following problems may occur with contact lens wear: eyes sting, burn or itch (irritation), comfort is less than when lens was first placed on the eye, feeling of something in the eye (foreign body, scratched area), excessive watering (tearing) of the eye, unusual eye secretions, redness of the eye, reduced sharpness of vision (poor visual acuity), blurred vision, rainbows or halos around objects, sensitivity to light (photophobia), or dry eyes.

If you notice any of the above, IMMEDIATELY remove your lenses.

- If the problem stops and the lenses appear to be undamaged, repeat
  the cleaning, disinfection and neutralization process and reinsert
  them. NEVER PUT CLEAR CARE\* SOLUTION THAT HAS NOT BEEN
  NEUTRALIZED IN YOUR EYES or burning and stinging will result.
- If the lens is in any way damaged, do not put the lens back on your eye. Place the lens in the CLEAR CARE lens case and contact your eye care practitioner.
- If the lens has dirt, an eyelash, or other foreign body on it, repeat the cleaning, disinfection and neutralization process and reinsert them.
   NEVER PUT CLEAR CARE SOLUTION THAT HAS NOT BEEN NEUTRALIZED IN YOUR EYES or burning and stinging will result.
- If the problem continues IMMEDIATELY remove the lens and consult your eye care professional.

If any of the above symptoms occur, a serious condition such as infection, corneal ulcer, neovascularization or iritis may be present. Seek immediate professional identification of the problem and prompt treatment to avoid serious eye damage.

Eye Care Professionals: All adverse reactions observed using CLEAR CARE Cleaning & Disinfecting Solution should be reported to: Alcon Laboratories, Inc., 6201 South Freeway, Fort Worth, Texas 76134 1-800-757-9195

alcon.medinfo@alcon.com

#### **HOW SUPPLIED:**

- CLEAR CARE Cleaning & Disinfecting Solution is supplied in sterile 3
  fl. oz. (90 ml), 12 fl. oz. (355 ml) and 16 fl. oz. (480 ml) plastic bottles.
  These bottles are marked with lot number and expiration date. A
  fresh new lens case is supplied with each purchase. For packages
  with more than 32 oz. of CLEAR CARE solution, an additional lens
  case is provided.
- TAMPER EVIDENT: Do not use if safety seal around the bottle cap is broken or missing.

For more information regarding this product consult your eye care professional, or write to:

Alcon Laboratories, Inc., 6201 South Freeway, Fort Worth, Texas 76134

†PLURONIC is a trademark of BASF.

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Manufactured by: Alcon Laboratories, Inc. Fort Worth, Texas 76134, USA

Made in USA

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W9011539-0215